

## 20/21 Model St Aloysius College PSHE Model Covid Catch up.

	Summer 1 PSHE session <b>Relationships</b>	Summer 1 Personal Development session <b>Health &amp; wellbeing</b>	Summer 2 PSHE session Year 7 <b>Relationships</b>  Year 8-11 <b>Living in the wider world</b> (Moved from Autumn 2)	Summer 2 Personal Development Session <b>Living in the wider world</b>
Year 7	<b>Diversity</b> Diversity, prejudice, and bullying, Self esteem, Body image	<b>Health and puberty</b> Healthy routines, influences on health, puberty, unwanted contact, and FGM	<b>Building relationships</b> Self-worth, romance and friendships (including online) and relationship boundaries	<b>Financial decision making</b> Saving, borrowing, budgeting and making financial choices
Year 8	<b>Discrimination</b> Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia	<b>Emotional wellbeing</b> Mental health and emotional wellbeing, including body image and coping strategies	<b>Community and careers</b> Equality of opportunity in careers and life choices, and different types and patterns of work	<b>Digital literacy</b> Online safety, digital literacy, media reliability, and gambling hooks
Year 9	<b>Respectful relationships</b> Families and parenting, healthy relationships, conflict resolution, and relationship changes	<b>Healthy lifestyle</b> Diet, exercise, lifestyle balance and healthy choices, and first aid	<b>Setting goals</b> Learning strengths, career options and goal setting.	<b>Employability skills</b> Employability and online presence
Year 10	<b>Healthy relationships</b> Relationships and sex expectations, myths,	<b>Mental health</b> Mental health and ill health,	<b>Work experience</b> Preparation for and evaluation	<b>Financial decision making</b> The impact of financial decisions, debt, gambling and the impact of advertising on

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	pleasure and challenges, including the impact of the media and pornography	stigma, safeguarding health, including during periods of transition or change	of work experience and readiness for work	financial choices
Year 11	<b>Communication in relationships</b>  Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse	<b>Independence</b>  Responsible health choices, and safety in independent contexts	<b>Next steps</b>  Application processes, and skills for further education, employment and career progression	
6 <sup>th</sup> Form To be delivered in PSHE sessions and Wednesday Afternoon enrichment sessions.  RPA/EGA/CMA organizing speakers.	Relationship values, Forming and maintaining respectful relationships, Bullying, abuse and discrimination	Self-concept, Mental health and emotional wellbeing, Healthy lifestyles, Managing risk and personal safety, Sexual health, Drugs, Alcohol and Tobacco	Choices and pathways, Work and career, Employment rights and responsibilities	Financial choices, Media literacy and digital resilience

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PSHE Curriculum to be delivered via Dropdown days.

Year Group	Gaps to be covered via dropdown & external agencies. Health & wellbeing	Provision	When
8	<b>Drugs and alcohol</b>  Alcohol and drug misuse and pressures relating to drug use  <b>Being covered in Dropdown day</b>	Dropdown day sessions with P.C. Vittorio	25 <sup>th</sup> March
		Speaker from addiction therapy	Summer 2 TBC
9	<b>Peer influence, substance use and gangs</b>  Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation	Dropdown session on knife crime.	March 26th
		Love and Loss Knife crime sessions Summer 1 & 2	Summer 1
10	<b>Exploring influence</b>  The influence and impact of drugs, gangs, role models and the media	Dropdown session on knife crime.	March 26th
		Love and Loss Knife crime sessions Summer 1 & 2	Summer 1

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### RSE Overview

	Session 1	Session 2	Session 3	Session 4	Session 5	Session 6	Session 7
Sessions per Programme	Cinema in Education	Created and loved by God			Created to love others		Created to live in Community
	Cinema in Education. Personal Relationships	Session 1: My Body	Session 2: Emotional Well-Being	Session 3: Life Cycles	Session 4: Personal Relationships	Session 5: Keeping Safe	Session 6: Wider World
Year 7	Facts of Life	Healthy Inside and Out	Where We Come From	Changing Bodies	Family and Friends	My Life on Screen	Living Responsibly
Year 8	Facts of Life	Healthy Inside and Out	Where We Come From	Changing Bodies	Family and Friends	My Life on Screen	Living Responsibly
Year 9	The Trouble with Max	Love People use things.	In control of my choices	Fertility and conception	Marriage	One Hundred per cent	Knowing my rights and responsibilities

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<b>Year 10</b>	<b>The Trouble with Max</b>	<b>Love People use things.</b>	<b>In control of my choices</b>	<b>Fertility and conception</b>	<b>Marriage</b>	<b>One Hundred per cent</b>	<b>Knowing my rights and responsibilities</b>
<b>Year 11</b>					<b>Marriage</b>	<b>One Hundred per cent</b>	
<b>Year 12</b>	<b>Common Room</b>		<b>In control of my choices</b>	<b>Fertility and conception</b>	<b>Marriage</b>	<b>One Hundred per cent</b>	
<b>Year 13</b>	<b>Bhakita's Prayer</b>		<b>In control of my choices</b>	<b>Fertility and conception</b>	<b>Marriage</b>	<b>One Hundred per cent</b>	