

BTEC Tech Award in Sport



Head of Department: Mr S. Henderson

Year 10

In Sport BTEC....

You will study 3 units over the next 2 years.

2 of these units require you to complete coursework either practically based or written.

One unit will consist of an external exam which is on developing fitness to improve other participants performance in sport & physical activity.

A grade will be given for each task and accumulated into an overall grade

Edexcel	Autumn 1	Autumn 2
Focus/Context for Learning	<p>Learning outcome A: Explore types and provision of sport and physical activity for different types of participant.</p> <p>Learning outcome B: Examine equipment and technology required for participants to use when taking part in sport and physical activity.</p>	<p>Learning outcome C: Be able to prepare participants to take part in sport and physical activity.</p> <p>Component 1: Preparing participants to take part in sports and physical activity. Coursework written up.</p>
	Spring 1	Spring 2
Focus/Context for Learning	<p>Learning outcome A: Understand how different components of fitness are used in different physical activities.</p>	<p>Learning outcome B: Be able to participate in sport and understand the roles and responsibilities of officials.</p>
	Summer 1	Summer 2
Focus/Context for Learning	<p>Learning outcome C: Demonstrate ways to improve participants sporting techniques.</p>	<p>Component 2: Taking part and improving other participants sporting performance. Coursework written up.</p>

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Year 11

In Sport BTEC....

Edexcel	Autumn 1	Autumn 2
Focus/Context for Learning	<p>Learning outcome A: Explore the importance of fitness for sports performance</p> <p>Learning outcome B: Investigate fitness testing to determine fitness levels.</p>	<p>Learning outcome C: Investigate different training methods</p> <p>Learning outcome D: Investigate fitness training programming to improve fitness and sports performance.</p>
	Spring 1	Spring 2
Focus/Context for Learning	<p>Component 3: Developing fitness to improve other participants performance in sport and physical activity. - Revision</p>	<p>Component 3: Developing fitness to improve other participants performance in sport and physical activity. - Revision</p>
	Summer 1	Summer 2
Focus/Context for Learning	<p>External Exam for Component 3: Developing fitness to improve other participants performance in sport and physical</p>	