

BTEC Level 3 National Extended Diploma in Sport



EXAM BOARD	Pearson										
STRUCTURE OF COURSE Equivalent in size to three A Levels.	The Extended Diploma is a two-year, full-time course that meets entry requirements in its own right for learners who want to progress to higher education courses in sport areas before entering employment. It can also support learners who want to progress directly to employment in job roles within sport and apprenticeships.										
ASSESSMENT	14 units of which 10 are mandatory (set topics). The additional 4 are optional units (selected topics). Assessments consist of internal (assignments, practicals, etc) and external (examinations, tasks, etc).										
CONTENT	<p>The content of this qualification has been developed in consultation with academics to ensure that it supports progression to higher education. Employers and professional bodies have also been involved and consulted to confirm that the content is appropriate and consistent with current practise for learners who may choose to enter employment directly in the sport sector.</p> <p>The qualification provides the knowledge, understanding and skills that allow learners to gain experience of the sport sector that will prepare them for further study or training.</p> <p><u>Learners will study the following Mandatory Units:</u></p> <table border="0" data-bbox="362 839 2026 1053"> <tr> <td>Unit 1: Anatomy and Physiology</td> <td>Unit 8: Coaching for Performance</td> </tr> <tr> <td>Unit 2: Fitness Training and Programming for Health, Sport and Well-being</td> <td>Unit 9: Research Methods in Sport</td> </tr> <tr> <td>Unit 3: Professional Development in the Sport Industry</td> <td>Unit 19: Development and Provision of Sport and Physical Activity</td> </tr> <tr> <td>Unit 4: Sports Leadership</td> <td>Unit 22: Investigating Business in the Sport and Active Leisure Industry</td> </tr> <tr> <td>Unit 7: Practical Sports Performance</td> <td>Unit 23: Skill Acquisition in Sport</td> </tr> </table> <p>Learners will also choose four optional units that have been designed to support progression to the range of sector-related courses in higher education, and link with relevant occupational areas.</p>	Unit 1: Anatomy and Physiology	Unit 8: Coaching for Performance	Unit 2: Fitness Training and Programming for Health, Sport and Well-being	Unit 9: Research Methods in Sport	Unit 3: Professional Development in the Sport Industry	Unit 19: Development and Provision of Sport and Physical Activity	Unit 4: Sports Leadership	Unit 22: Investigating Business in the Sport and Active Leisure Industry	Unit 7: Practical Sports Performance	Unit 23: Skill Acquisition in Sport
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POSSIBLE CAREER PATHS	The Pearson BTEC Level 3 National Extended Diploma in Sport provides work-related learning, giving learners an edge and opening the door to higher education or employment in sport sectors. Clear progression routes include BSc degrees in subjects such as Sport, Physical Education or Coaching Science. This course also supports progression into direct entry level roles such as physical activity leader or fitness/leisure assistant, and develops transferable skills such as communication, team working and leadership skills.										